



第三傳人
陳耀燭



始祖師
陳享公



第二傳人
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BRIEF INTRODUCTION TO THE CHOY LI FUT ORIGIN

The founder of Choy Li Fut, Master Chan Huang, was born in July 10, 1805 in Gain Mui Village of the Sun Whu Nei Sai District, Kwantung Province on

Master Chan began his martial arts training, at the age of seven, under the instruction of a distance uncle, Chan Yuen Wu. Several years later, he proceeded to continue his studies from a famous master of the Shaolin Li Style, Li Yau San. Having completed his studies from Li, Master Chan was still not contented with his learning. He travelled to Mount Law Fout to become a disciple of a renowned Shaolin priest, Choy Fook, and started his training in the Choy Style. After dedicating more than a decade to master the Choy Style, Chan bid farewell to his instructor. On his return journey through the Nan Hung District, he was enlightened with news of an acclaimed talented martial artist, a Shaolin monk named Ching Tso, and decided to further enhance his studies under Ching where he learned the Fut Style.

Master Chan compiled his decades of studies in martial arts and integrated the different kung-fu styles into one unified kung-fu system. He named his newly developed kung-fu style Choy Li Fut in recognition and appreciation of the teachings from his three celebrated masters.

A prose written by the Choy Li Fut Founder

*The inception of Choy Li Fut was self conceived.
A true descendant arose from the Shaolin origin.*

Code of Ethics

All Choy Li Fut disciples shall observe the following:

- The prime objective for martial arts training is to promote physical fitness of the body and enhance spiritual well-being of the mind; the martial arts practitioner shall not exploit his/her skills to provoke violence.
- The martial arts practitioner shall uphold righteous moral values and adhere to law and order.
- The martial arts practitioner shall exercise courteous discretion and shall not indiscriminately criticize the strengths and weaknesses of martial arts from a different discipline.
- The martial arts practitioner shall respect his/her instructor and value the martial arts teachings.

習武要旨，乃為強身健體，培養精神，惟習者不得恃技凌人，不得危害社會，不得招搖生事，不得妄評別派長短，要奉公守法，要尊師重道，凡我門人，務其遵守斯旨，切勿有違。

附錄祖師遺訓

少林宗派得真傳
蔡李佛門原自始

祖師遺墨有對聯曰：

公天性聰穎，學究天人，為不忘諸師之訓誨教導，精研之餘乃本已數十年之學藝心得，集諸師之長，融匯貫通，共冶一爐，自創拳派名為蔡李佛以示紀念諸師恩重之意，此亦即本派功夫之來源。

蔡李佛始祖陳享公，乃廣東新會崖西縣京梅村人，生於清朝嘉慶十年七月初十日，當其七歲時，即跟隨其堂叔陳遠護習武，越數年再跟名拳師李友山學藝，是為李家功夫，惟其並不自滿，為求更高造詣起見，再拜羅浮山少林派蔡福禪師為師是為蔡家功夫，十餘年後，技成而拜別禪師回鄉，途經南雄縣聞及青草和尚乃一武林奇才，技藝超卓，遂再投其門下，敬執弟子之禮，苦心跟隨學習，盡得其衣鉢真傳，是為佛家功夫。

蔡李佛來源之簡介